

Thermavein Procedure

DATE April 2024 REVIEW DATE April 2027

Reviewer Name : Anna Blackshaw

What is it?

ThermaVein uses thermacoagulation to treat:

- Red Facial veins
- Milia (small white dots usually on the face)
- Skin Tags
- Cherry Angioma
- Campbell-de-Morgan spots (red dots or bumps anywhere on the body)
- Spider Naevi
- Vascular Blemishes
- Red Leg Veins (stand alone)
- Leg veins (in combination with micro-sclerotherapy)

Procedure:

Assessment and consultation:

1. Obtain a medical history from the client and identify any contraindications to treatment or precautions.
2. Identify area to be treated and take photographs to be stored on Phorest. Explain to the client that the images will not be shared publically, and are for the therapists use for comparison at any future appointments.
3. Establish if the client has seen their GP or equivalent regarding area to be treated. If any concerns, refer back to GP for assessment and advise to come back if safe for removal.
4. Explain to the client how ThermaVein treatments work, and what they can expect during the procedure.
5. Advise that further treatments may be necessary.
6. Discuss aftercare information and provide with information sheet to take home.
7. If client is happy to proceed with procedure, ask them to lie on the treatment couch in a suitable position for the treatment.

Treatment:

1. Clean the area to be treated with Simple wipe.
2. Select appropriate needle (K3 to be bent at 45 degree angle for facial red vein treatment). Select appropriate setting on ThermaVein machine (see appendix).
3. Gain consent from client, and begin treatment (follow guidelines as per appendix). Check welfare of client regularly, and keep them updated on the progress and time the treatment is taking.



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4. When treatment is complete, apply Lycogel or aloe vera gel to red veins treated, and consider Vit A, C & E oil for keratosis (depending on location).
5. Take an 'after' photo and save to client profile on Phorest.
6. Advise client to sit up slowly when ready, being aware of possible dizziness/light headed.

After Treatment:

1. Ensure client is happy with aftercare information, and has the leaflet to take away with them.
2. Advise on timeline – eg 2-3 weeks for a skin tag, follow up around 3 months for facial red veins.
3. Provide contact details in case of any questions/queries/issues.
4. Arrange follow up appointment if appropriate, or ask for photos to be emailed if treatment is successful.